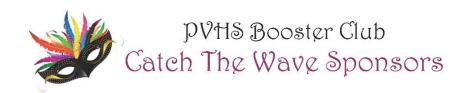
DAILY BULLETIN: Monday, March 4, 2019 (A-day)

GENERAL INFORMATION:



It's not too late to help!

Needed to fund programs \$150,000 Catch The Wave latest earnings \$83,385

NO FUNDING without your help:

Medical support staff for Athletics
Coach fees for ALL Athletic teams
Turf & practice fields for Athletics
Drama Set design, lighting, choreography
Equipment for Music
Journalism, Video Production,
Digital Photography technology
New computers for Classrooms
College Career Center & Library
PVIT & Science Fair & Math programs

Here's how YOU can help

- 1. Donate an auction item
- 2. Become a Catch The Wave Sponsor
 - 3. Attend Catch The Wave

Please click on link below.

Sea King for Life \$10,000 & above Oarsmen Foundation

Platinum Sea King \$5,000+ Britta & Kevin Shannon

Gold Sea King \$2,500+ Lori & Tom O'Hern

Silver Sea King \$1,500+ Louise & David Clinton Pam & Martin Griffiths The Jellison Family Colleen & Craig Quinn

Bronze Sea King \$500+ The Bartlett Family

Sarah & Kevin Boyle
Alyson & Dean Decker
Diane & Scott Imbach
Catherine & Bret Johnsen
Malaga Cove Bank
Georgene & George Mitsanas
Serena Padian
Danielle & Darin Puhl
Diane & George Ringer
Cynthia & Ken Sanders
Chris & Steve Tight
Libby & Michael Thomas

Family Sea King \$250+

Bristol Farms
Christiana & Peter Ciolino
Joycelyn & Mark Harrigian
Allyson Rener
Amy & Tom Roche
Andrea & Rich Galvin
The Holt Family
The Wang Family

Proud Sea King \$100+ Sponsor-A-Teacher

Ru Bai
Cindy Campbell
Cindy & Paul Campbell
The Heffernan Family
Teresa & Paul Nagy
Drita Peer
PVHS Boys' Soccer
Amy Tilson
Diane Tody
PVHS Girls' Volleyball

https://pvboosterclub.ejoinme.org/MyEvents/BoosterClubCatchtheWaveMardiGras/PalosVerdesHighSchoolBoosterCatchtheWaveFundraiser/tabid/1009860/Default.aspx
PTSA ELECTION
It's that time of year! Please <u>see the attached straw ballot</u> for the 2019-2020 PTSA Executive Board. The PVHS PTSA election will take place on March 26th at the PVHS PTSA General Meeting. Questions? Email Cathy Fresch at queenbee98@cox.net
BLOOD DRIVE
Give a PINT, Get a PINT Palos Verdes High School is partnering with Cedars-Sinai to host a BLOOD DRIVE on TUESDAY , MARCH 5 TH in the MPR. Sign up in the office and receive a gift card to a free pint of Baskin Robins upon donation. Students must be at least 16 years old and weigh over 110 lbs. Parent signature is needed for students under 18. Parents and Walk-Ins are welcome
PENNIES FOR PATIENTS
The Pay if Forward Club is having a fundraiser "Pennies for Patients" in support of Leukemia Lymphoma Society March 4-15th . Donation boxes will be in certain classrooms.
HSA
Do you know someone who goes above and beyond the call of duty to help the students at PVHS? It might be an individual who works or volunteers at PVHS, or perhaps an organization. There are <i>so many</i> people who deserve recognition for helping our kids. Please consider nominating them for a PTSA Honorary Service Award . Nomination forms are currently available on the PTSA website https://pvhs.pvpusd.net/apps/pages/ptsa or in the PTSA box in the main office. They can also be emailed to pvhsptsa1stvp@gmail.com . All nominations are due by Friday, March 15, 2019 . Thank you!

SEAN'S RUN

Sean's Run and St Patrick's Day Faire Sunday, March 17th , meet in Senior Park by 10am, run starts at 10:30am Immediately following the race: Singing, Irish Dancing, Games, BBQ Food, Photography Exhibits & More! See attached flyer
PTSA
General Meetings
Don't miss our March 26th meeting and our very own Gayle Carpenter, Associate Principal. Have you ever wondered what a 7th period class is or how your child ended up with <i>that</i> schedule?! Well, come and find out! Ms. Carpenter will be joined by several teachers who will share some of the 7th period opportunities available to PVHS students. There will be tons of information and a Q&A just in time for finalizing those required scheduling forms and student meetings with the counselors! We hope to see you at 9:00am in the MPR!
Remember, all PTSA General meetings are the 4th Tuesday at 9:00am in the MPR!
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COUNSELING OFFICE NEWS:

IT IS TIME TO SCHEDULE CLASSES FOR NEXT YEAR!

Counselors will be meeting individually with students to review their course selections on the following days:

- **Current Freshmen**: February 26th and 27th during English classes
- **Current Juniors**: February 20th, 21st, 22nd, 25th and 28th during English classes
- **Current Sophomores**: March 4th-22nd

If parents or students have questions regarding course selections, students will have the opportunity to discuss them with their counselor at these individual meetings. We want to encourage them to advocate for themselves!

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WELLNESS CENTER

We love having the Wellness Center open for our students. As always, we welcome any donations, as we have run out of snacks. We thank you in advance!

Water bottles (8 or 16 oz)—*highest need* Paper cups (for tea) Capri sun Fruit snacks Nut free granola bars
Fresh fruit such as apples, bananas, tangerines
Pretzels
Chips/Pringles
Chocolate chip cookies
Dried fruit snacks
Goldfish crackers/Cheez-it crackers
Disinfecting Wipes

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COLLEGE AND CAREER CENTER NEWS:

COLLEGE ESSENTIALS TOOLKIT is for students Grade 9-11 and their parents. It will take place in February - March 2019. All programs will take place in the MPR at 6:30 pm. Whether you're a freshman, sophomore or junior, **it's time to think about college!** Learn how to build the right vision and strategy for you to have the best chance of gaining admission to your **best fit school** with the maximum amount of merit based aid when possible. **SAVE THE FOLLOWING DATES:**

March 14th - Panel Discussion on What KINDS OF COLLEGES are there and what's my best fit? Hear from a sampling of national colleges/universities: small, private liberal arts colleges to large research universities; "Big Sports" schools to "faith based" schools

March 26th - Transition to College -What high school students should consider looking forward to their freshman year in college!

For more detailed information on the above programs, please **CLICK HERE**.

SENIORS, the CAL GRANT GPA data was successfully uploaded by PVPUSD. If you opted out of this process, your information was not uploaded. In order to be considered for the Cal Grant Awards, **seniors must also submit the FAFSA** (Free Application for Federal Student Aid). If you have NOT filed the FAFSA, please do so before the deadline posted by the college/university to which you applied. To access the FAFSA website, click on https://studentaid.ed.gov/sa/fafsa

WORKSHOPS FOR FAFSA AND DREAM ACT applications are still available through the Financial Aid Office at El Camino. Please click HERE to view the schedule.

OUTSIDE OPPORTUNITIES

2019 LA BioMed SUMMER FELLOWSHIP PROGRAM provides LA County **graduating high school seniors and high school juniors** the opportunity to work in a biomedical research environment. Selected students will spend eight weeks assisting their assigned mentors, who are accomplished medical scientists involved in cutting edge biomedical research. **Fellowships begin on Monday, June 17th, 2019 and continue through Friday, August 9th, 2019.** Students will work full time and receive a total stipend of \$2,200. Students will be selected on the basis of merit. Further details about this opportunity can be found online at https://labiomed.org/hssfp. To apply,

go to http://labiomed.org/summer-fellowship-application . Applications are due no later than March 20, 2019.

GIRLS WHO CODE is a free introductory summer immersion computer science program for girls going into their junior or senior year of high school. During a seven week program, participants learn about computer science, gain exposure to tech jobs, and join a national sisterhood of girls who are using computer science to become change-makers. This program is hosted at major tech companies across the United States, so girls get a firsthand look at what it's like to work in computing and are able to envision their own futures in this field. For further information, please click on the following website: https://girlswhocode.zendesk.com/hc/en-us/categories/202681357-Summer-Immersion-Program-

USC LAWRENCE ELLISON INSTITUTE for TRANSFORMATIVE MEDICINE is a free summer program to foster scientific achievement for rising high school seniors interested in clinical or research oncology. This program attempts to foster scientific education by incorporating hands-on experimentation in a collaborative environment. **Applications will be accepted through April 5, 2019.** The program will begin on June 11th and requires the students to commit 6 hours each weekday until June 28th at the Health Science Campus of USC. You can learn more about their Institute and program at https://ellison.usc.edu/jrfellows/

ONIZUKA SPACE SCIENCE DAY will take place on Saturday, March 9, at El Camino College. The day is designed for serious-minded science students in grades 5 through 12. The whole event is FREE – including lunch for the first 900 students. This year's featured NASA Astronaut is Stanley Glen Love. Love completed his first spaceflight in 2008 to deliver the Columbus laboratory module to the International Space Station and install it there, logging more than 306 hours in space, including 2 spacewalks. Because of limited space, and to ensure a seat and early check-in, students should sign up now. To make reservations go to http://www.elcamino.edu/academics/naturalsciences/onizuka-space-science-day/

2019 GREATER LOS ANGELES NACAC COLLEGE FAIR will take place on **Tuesday, April 9, at the Pasadena Convention Center** from 9:00 am – 1:00 pm or 6:00 pm – 8:30 pm. Free and open to the public, NACAC fairs connect you to hundreds of colleges and universities in one location. Students may now register prior to the college fair and bring their printed or electronic barcode to the fair. Register at

https://www.gotomyncf.com/Registration/EventSelectForState?StateName=California

SCHOLARSHIP OPPORTUNITIES and DEADLINES:

Please <u>find here a link to all of the scholarships</u> currently posted on NAVIANCE. Listed below are those **scholarship opportunities that have deadlines through March 15**:

✓ MARCH 13 - JACK BAGDASAR (\$500) — awarded to a senior who demonstrates the ability and desire to be an elementary school teacher. Applications may be downloaded from Naviance

- ✓ MARCH 15 CABRILLO CIVIC CLUBS OF CA (\$500) -seniors only; must be of Portuguese descent; minimum weighted GPA of 3.5; participated in three extracurricular activities. To apply log onto http://www.cabrillocivicclubs.org/scholarship.asp. Applications may also be downloaded from Naviance.
- ✓ MARCH 15 ELK'S STUDENTS WITH DISABILITIES SCHOLARSHIP (\$1,000-\$3,000) to be eligible to apply, individuals must be a U.S. citizen; be a resident of CA or HI; have a physical, neurological, visual, hearing and/or speech/language impairment; and be a senior in high school. Funds are to be used for undergraduate work. Selection criteria is based on the following: severity of disability, financial need, GPA, seriousness of purpose and depth of character. To apply, log onto https://chea-elks.org/youth-activities/scholarships. Applications may also be downloaded from Naviance.
- ✓ MARCH 15 ITALIAN CATHOLIC FEDERATION (up to \$2,500) seniors only; must be of Italian ancestry and also Roman Catholic; minimum unweighted GPA of 3.2; participation in extracurricular activities; financial need. To apply log onto www.icf.org. Applications may also be downloaded from Naviance.
- ✓ MARCH 15 PANHELLENIC ALUMNAE SOUTH BAY ASSOCATION (\$1,000) for female seniors only who will be attending a 4 year college or university where sororities are established; must demonstrate academic excellence, demonstrate character, participation in school/community, and financial need. To apply log onto www.SouthBayPanhellenic.com. Applications may also be downloaded from Naviance.
- ✓ MARCH 15 PEF SENIOR SCHOLARSHIP PROGRAM (\$1,500) —seniors only; must be currently enrolled in the PVPUSD and maintained enrollment for two years prior to graduation; need to write a maximum 500 word essay on the following topic "How has PEF funding enhanced students' educational experience?" To apply, log onto https://www.surveymonkey.com/r/PEF2019.

To access more information on these scholarships, please log onto NAVIANCE. Click on the COLLEGES tab and then scroll down to SCHOLARSHIPS and MONEY. Click on SCHOLARSHIP LIST. At this point, select the scholarship of interest. In many cases, you will be directed to a website for the application. In other instances, you may be able to download the application directly from NAVIANCE. Should you have any questions, please contact Teresa Hoffman in the College and Career Center, Room 318.

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SPORTS NEWS

HOME GAMES: